

What's in Season?

A Pocket Guide to Seasonal Produce in Massachusetts



Brought to you by the
Harvard Green Campus Initiative

June

Beets
Cabbage
Cauliflower
Cucumber
Greens
Lettuce
Peas
Peppers
Radishes
Scallions
Spinach



July

Blueberries
Strawberries
Beans
Beets
Cabbage
Carrots
Cauliflower
Cucumber
Greens
Lettuce

Onions
Peas
Peppers
Potatoes
Radishes
Scallions
Spinach
Summer Squash



August

Apples
Blueberries
Cantaloupes
Peaches
Raspberries
Watermelon
Beans
Beats
Broccoli
Cabbage
Carrots
Cauliflower
Celery
Corn

Cucumber
Eggplant
Lettuce
Onions
Peas
Peppers
Potatoes
Radishes
Scallions
Spinach
Summer Squash
Tomatoes
Turnips



September

Apples
Cranberries
Peaches
Raspberries
Watermelon
Beats
Broccoli
Cabbage
Carrots
Cauliflower
Celery
Corn
Eggplant
Lettuce

Onions
Peas
Peppers
Potatoes
Pumpkin
Radishes
Scallions
Spinach
Summer Squash
Winter Squash
Tomatoes
Turnips



October

Apples
Cranberries
Cabbage
Lettuce
Onion
Potatoes
Pumpkin
Winter Squash
Turnips

